

12th January 2023

What a fantastic couple of weeks it has been since we returned from the Christmas break. I have thoroughly enjoyed seeing the children quickly settle back into their classes and engage with the learning planned by the teachers.

One of the changes that we are implementing this term, is to invite parents, carers and grandparents to join us with our Collective Worship on a Monday. This will start on Monday 16th January and begins at 9am (lasting for approximately 20-30 minutes). There is no need to book a place. We will be letting visitors into the school hall once all the children have entered the school (8.50am) via the side door on the North Playground (by the staff car park). Reverend Garry and all the staff would love to see you if you are free to join us.

I am sad to say that Mrs Cox will be leaving Class 9 at the end of this week. After many years of being a wonderful Higher Level Teaching Assistant and a member of the Kids Club team, Mrs Cox is changing direction and is moving into a role as a flight attendant. Throughout the time Mrs Cox has been in school, we have thoroughly enjoyed every minute. Not only has she been an incredible member of our teaching team, often teaching classes across the school with very short notice, and a superb teaching assistant in the classroom, but she has a huge personality that has brightened our days. We are going to miss her in many ways, but we all wish her the very best in her new career.

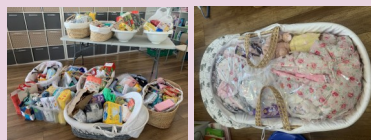
Best wishes
Mr A Hope

All the staff at St John's would like to wish Mrs Cox all the very best in her new job. Fly High! :)

Baby Bundles Collection before Christmas

We at The Village are overwhelmed by the generosity of your school two years in a row!! The Village is a volunteer run baby bank and uniform bank whose goal is to help those struggling with poverty or just having trouble making ends meet. Your amazingly generous donations will be added to our baby bundles to help new parents in those first few weeks of parenthood. Each bundle contains all of the items a parent/ new baby needs including toiletries, clothing, towels, nappies, wipes and always a little special treat for Mum. The items you donated will help us to create overflowing bundles for the next year and we thank you for helping us to help our community.

A special thank you to the children who helped me carry and load all the Moses baskets in my boot! They made quick work of the donations and filled my car to overflowing! You are all amazing and we hope you've had a blessed Christmas and wonderful start to the New Year. Warmest Regards,
Julie — The Village Centre Manager



Knaresborough St John's Newsletter

Tel: 01423 863265

Headteacher: Mr A Hope

Email: admin@ksjprimaryschool.org

Website: www.ksjprimaryschool.org



IMPORTANT—Pupil Contact Information

It is the parent/carers responsibility to inform school of any change of address, contact numbers, emergency contact information or you would like to amend any parental consents we hold on file then please inform the school office in writing as soon as possible by emailing admin@ksjprimaryschool.org to keep the information we hold on your child/rens file accurate.

E-Safety Education

To accompany the e-safety education that we deliver in the classrooms, we will soon be sending out regular communication to parents around current online risks. These documents are produced by 'National Online Safety', with each guide having a particular focus or theme.

Keep an eye on your email accounts on a Wednesday for upcoming communications! If you have any questions about the material in these guides, please don't hesitate to contact your child's class teacher.

#WakeUpWednesday



Grandparents Day :)
On Friday 20th January, we will be holding our Grandparent Morning! This will be

organised into two slots. Key Stage One (Reception, Year 1 & Year 2) from 9.30am until 10.30am and Key Stage Two (Year 3, 4, 5 & 6) from 11.00am until 12.00noon. There will also be an opportunity for all Grandparents to join us for a hot drink and treat at 10.30am in the hall either before or after your time in class.

Kids Club

A gentle reminder that Kids Club need at least 48 hours notice for any booking for your child to try to avoid any disappointment. We cannot accept any bookings for the same day as we are at full capacity.

WISDOM

377

TRUST

327

HOPE

355

PEACE

377

Poppy Appeal

We raised an amazing **£539.57** which is the best year we have had so thank you to all our lovely children and parents who supported this worthy charity.

PTA

Bags2Schools will be collecting any unwanted items (Listed below) on **Friday 27th January**. All donations are very much needed to raise money for the school

They accept the following 'good quality' items for RE-USE*:

Men's, Ladies' and Children's clothing
Paired shoes (tied together or elastic band around)
Handbags
Hats
Bags
Scarves and ties
Jewellery
Lingerie
Socks
Belts
Soft toys
Household linen
Household curtains
Household towels
Household bedding (bed sheets, pillow cases and duvet covers)

They DO NOT accept:

Duvets and blankets
Pillows and cushions
Carpets, rugs and mats (including bath, shower and toilet mats)
Soiled, painted, ripped or wet clothing
School uniforms with and without logo
Corporate clothing and work-wear
Textile off cuts, yarns or threaded material

Spring Terms Dates 2023

13-01 Non uniform for Wisdom House (Red)
20-01 Grandparents day Whole school
23-01 DT subject champions going to King James
24 & 25-01 Chinese New Year dance workshop. Whole school
03-02 Number day (TBC)
10-02 School closes normal time for half term break

FEBRUARY HALF TERM

20-02 School reopens to all
0840am KS2
0850am EYFS & KS1
21-02 Pancake races at St Johns church. Info to follow
23-02 Yr3 Yr4 trip to Bradford Media Museum
27-02 EYFS & Yr6 height & weight by HCT.
28-02 Yr5 Yr6 Marshall art workshops
07-03 Yr5 Yr6 Marshall art workshops
15-03 Yr2 trip to Yorkshire Wildlife Park
16-03 EYFS & Yr1 trip to Yorkshire Wildlife Park

Young Voices

On Thursday 5th January our KS2 choir travelled to Sheffield Arena to take part in the Young Voices concert. It was the most amazing evening, with over 4000 children singing together. In this incredible setting. The atmosphere was electric. We sang alongside Heather Small of 'M People' fame, the beatbox collective and even danced a routine with Urban Strides. A highlight was listening to a violin medley by the very talented musician and composer Anna Phoebe. It really was the chance of a lifetime, and many memories were made. Watching the children linking arms spontaneously while singing is something that will be remembered by the adults for many years. Thank you to all the parent helpers who made the experience possible. As for the choir... wow. You were superb ambassadors for our school with your excellent behaviour and attitude throughout the day. We are very proud of each and every one of you. Photo's attached to this newsletter.

Addition to Term Dates for 2022-23

Due to the Coronation King Charles III on Saturday the 6th May, we now have a Bank Holiday on Monday, 8th of May. School is closed. SATs will take place from Tuesday, 9th May till Friday 12th May 2023.



Reading for Pleasure!

We have been lucky enough to buy lots of new Reading for Pleasure books for the whole of EYFS & KS1 thanks to a very kind donation from Mrs Maude.

We would like to say a huge 'Thank you' to Mrs Maude - all the children are very excited to read the new books!



COULD YOUR CHILD BECOME **SHORT SIGHTED?**

SATURDAY 21ST JANUARY 2023
09:00 - 13:00

YORKSHIRE
EYEWEAR



**AT YORKSHIRE EYEWEAR, WE ARE OFFERING AN
OPEN DAY - COMPLETELY FREE OF CHARGE TO
DETERMINE WHETHER OR NOT YOUR CHILD'S
VISION NEEDS TREATMENT BEFORE SYMPTOMS
EVEN START.**

SHORT SIGHTEDNESS IS ALSO KNOWN AS MYOPIA.

**MYOPIA SCREENING ALLOWS US TO TAKE A QUICK
MEASUREMENT OF THE LENGTH OF THE EYE, AND DETERMINE
THE RISK OF SHORT SIGHTEDNESS DEVELOPING.**

**IT IS IMPORTANT THAT MYOPIA IS DETECTED EARLY, AS THE
DEVELOPMENT OF MYOPIA CAN BE SLOWED A GREAT DEAL WITH
THE CORRECT TREATMENT.**

**PLEASE BRING YOUR CHILD TO OUR OPEN DAY IN JANUARY FOR
SCREENING AND PEACE OF MIND.**



YORKSHIRE EYEWEAR
65 HIGH STREET
KNARESBOROUGH
NG5 0HB

MYOPIA RISK CALCULATOR

WHAT ARE THE CHANCES OF MY CHILD BEING SHORT SIGHTED?

THREE VERY COMMON FACTORS FOR THE POSSIBILITY OF YOUR CHILD BEING SHORT SIGHTED ARE -

GENETIC, ENVIRONMENTAL AND CLOSE WORK

GENETICS

Neither parent short sighted	One parent short sighted	Both parents short sighted
Low Risk	Medium Risk	High Risk

ENVIRONMENT: TIME SPENT OUTSIDE (per day)

High 2.7 + hours	Moderate 1.6 to 2.7 hours	Low 0 to 1.6 hours (2-3 times increased risk)
Low Risk	Medium Risk	High Risk

TIME SPENT DOING CLOSE VISION TASKS (per day) *not including school time. This includes reading, homework, handheld games, drawing, computer work*

Low 0 to 2 hours	Moderate 2 to 3 hours	High 3 + hours
Low Risk	Medium Risk	High Risk

SATURDAY 21ST JANUARY 2023
65 HIGH STREET, KNARESBOROUGH, HG5 0HB



Bag2School



@bag2schooluk

www.bag2school.com



follow us on Facebook

Our next **Bag2School** collection
has been arranged for

Friday 27th January

.....

at9.....am/pm

Any questions - please ask your
school collection organiser

.....**FOKSJ PTA**.....

www.bag2school.com



Therapeutic Sandtray Play with Children

Workshop with Helen Vipan

A practical approach supporting children's emotional
and social development

Friday 27th January 2023, 10.00 am – 4 pm

Wellspring House, 78 High St, Starbeck, Harrogate, HG2 7LW

Cost £95. 10% discount on prices for students or group
bookings of 3 or more.



Helen Vipan is a BACP/ACC registered psychotherapist with experience in working with adult individuals, couples and children. She is a specialist in Sand Tray Therapy and delivers specialist training for counsellors. This workshop has been written with the non-counselling practitioner in mind and is suitable for school-based staff, social workers, foster carers or anyone working therapeutically with children.

To book a place, please visit our website:

www.wellspringtherapy.co.uk/training

or email training@wellspringtherapy.co.uk

for a booking form



wellspring
therapy & training

Wellspring House,
78 High Street, Harrogate
North Yorkshire HG2 7LW









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wellspringtherapy.co.uk

Registered Charity number 1100420. Company limited by guarantee number 1726602.

w/c 02-01-23 w/c 20-02-23
w/c 23-01-23 w/c 13-03-23

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Macaroni cheese 	Beef burger with baked potato wedges	Roast gammon with creamy mash potato & gravy	Chicken korma with 50/50 rice	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Chinese stir fry with chicken style pieces & noodles 	Quorn™ burger with chips	Quorn™ fillet with roast potatoes & gravy 	BBQ Quorn™ with 50/50 rice 	Quorn™ nuggets with chunky chips 
ACCOMPANIMENTS 	Peas & carrots Salad bar	Seasonal salad 	Sweetcorn & broccoli Salad bar	Seasonal vegetables Salad bar	Peas & baked beans Salad bar
DESSERTS	Chocolate crunch	Carrot cake	Lemon biscuit	Fruit sponge & custard 	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling

 **MENU**

Fuel your afternoon with a healthy school lunch from Mellors

 **KEY**  - 1 OF YOUR 5 A DAY  - MEAT-FREE MONDAY  - CHEF'S CHOICE  - PLANT-BASED (VEGAN)



Allergens and intolerances All of our food is carefully hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your requirements/ your child's allergies prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

w/c 09-01-23
w/c 30-01-23

w/c 27-02-23
w/c 20-03-23

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Lasagne with garlic bread	Roast chicken with mash potato & gravy	Pork sausage with creamy mash potato & gravy	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Roasted vegetable pizza	Creamy tomato pasta	Vegan sausage & mash potato with gravy	Vegetarian cottage pie	Quorn™ nuggets with chunky chips
ACCOMPANIMENTS	Seasonal salad	Peas & carrots Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Peas & baked beans Salad bar
DESSERTS	Ginger biscuit	Plain muffin	Fruit meringue	Chocolate brownie	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling



Try something NEW today...
Variety is key to a healthy diet.



MENU

KEY 5 - 10% OF YOUR 5 A DAY



MEAT-FREE MONDAY



CHEF'S CHOICE



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w/c 16-01-23 w/c 06-02-23		w/c 06-03-23 w/c 27-03-23			
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Chicken fillet burger served with half a crispy jacket	Minced Beef, Dumplings and Creamy Mashed Potato	Roast chicken with roast potatoes & gravy	Spaghetti bolognese with garlic bread	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Tomato & roasted vegetable pasta	Vegetarian cottage pie	Quorn™ fillet with roast potatoes & gravy	BBQ Quorn™ with 50/50 rice	Quorn™ nuggets with chunky chips
ACCOMPANIMENTS	baked beans Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Roasted vegetables Salad bar	Peas & baked beans Salad bar
DESSERTS	Shortbread	Marble sponge & custard	Fruit in jelly	Oaty biscuit with fresh fruit	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit Jacket potato & today's choice of filling	Fresh fruit Jacket potato & today's choice of filling	Fresh fruit Jacket potato & today's choice of filling	Fresh fruit Jacket potato & today's choice of filling	Fresh fruit Jacket potato & today's choice of filling
JACKET POTATO	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling	Jacket potato & today's choice of filling



MENU

Eating all your fruit & veg will help you grow BIG and STRONG (like me!)



KEY 5 - 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

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